Contents

Foreword: Your Mission	80	SKILL #2: CONSISTENCY	29
		Advice Articles	
Part One: Why RockStar Leaders Rock	08	 Are You Annoyed? Congrats, You Just Discovered Your Superpower 	3 1
A RockStar Story		> Be Distinct: Personality Matters	33
How RockStar Leaders Shine			55
The RockStar Economy	10	> The Brass Tacks: Leadership Equals Results	35
		> Define Yourself as a Leader	37
Part Two: Set the Stage for RockStar Leadership		Leading Question	39
The Method	12	SKILL #3: CONNECTION	4 1
The Model	13	AdviceArticles	
		> Are You Truly Listening?	43
Part Three: The 6 RockStar Leader Skills		> 3 Ways to Advance Your Listening	45
SKILL #1: CAPACITY	16	> Is Ambition in Your Way?	47
Advice Articles		> Build Genuine Relationships	49
> Leadership: How Much Can You Handle?	19	Leading Question	5 1
> Start a Rejuvenation Program	21	SKILL #4: COMMITMENT	53
> Perfection is Not Your Friend: Doing Less is More	23	Advice Articles	
> That Nagging Feeling:		> Your Purpose on the Planet	55
'I want to do more with my life.'	25	> What Would Steve Jobs Do?	57
Leading Question	27	> How to Find Your Core Values	59
		> Gut Check: Are You Being The Real You?	6 1
		Leading Question	63

SKILL #5: CAN-DO	65
AdviceArticles	
> Check Your Optimism Level	67
> Are You Stuck in a Rut?	69
> Leadership in Tough Times	70
> Notice Your Energy Effect	7 1
Leading Question	73
SKILL #6: CHARACTER	75
AdviceArticles	
> Question Reality	77
> Test Your Moral Compass	79
> Elegantly Losing	80
> Don't Be a Victim	8 1
Leading Question	83
Part Four: Advice for Your Journey	
Five RockStar Leader Beliefs	86
Rock-On	90
Afterword	9 1

Acknowledgements

About the Author

92

93

